Labyrinth Walk

Sunday, November 1 2026CE

Allhallowtide – All Saints (November 1) & All Souls (November 2)

There is no right way or wrong way to walk a Labyrinth.
Use the Labyrinth in any way, while being respectful of others walking.
You may go directly to the centre to sit quietly --
whatever is best and meets your needs

The veil is gossamer thin, between the worlds material and spiritual,
between that which was, what is now, and the not yet

*WUNYA!**
We meet on unceded Yugara country and acknowledge their traditional custodianship of this area known as Meanjin *(Brisbane);*
We pay our deepest respect to their elders – past, present and to come;
We acknowledge that their sovereignty of this land and the waters of & around this land were never ceded by fair dealing, treaty or any just and honest means;
This remains their land – Always was – Always will be

**Yugara (Brisbane area dialect) for "Welcome!"*

The Celtic Wheel of the Seasons of the Year

OPENING THE LABYRINTH

(Say together)

Life is eternal; and love is immortal; and death is only an horizon; and an horizon is nothing but the limit of our sight.

(From "Death is Only an Horizon" – Rossiter W Raymond, based on a prayer by William Penn 1644-1718CE)

TEXT

Though Satan breaks our dark glass into shards
Each shard still shines with Christ's reflected light,
It glances from the eyes, kindles the words
Of all his unknown saints. The dark is bright
With quiet lives and steady lights undimmed,
The witness of the ones we shunned and shamed.
Plain in our sight and far beyond our seeing
He weaves them with us in the web of being
They stand beside us even as we grieve,
The lone and left behind whom no one claimed,
Unnumbered multitudes, he lifts above
The shadow of the gibbet and the grave,
To triumph where all saints are known and named;
The gathered glories of His wounded love.

(All Saints – A Sonnet of Reclamation, Malcolm Guite, 2012CE)

COMMENCING THE WALK & TIME OF MEDITATION

(Say words in bold together)

Worship God in the Grandeur of Creation!

God's majesty—**in the pounding waves**
God's strength—**in the wind**
God's creative work—**in the volcano**
God's destructive work—**in the tsunami**
God's love—**in the flickering fire**
God's emptiness—**in the desert**
God's constancy –**in the seasons**

Worship God – Give Thanks – Make Peace

(Walk the Labyrinth in your own time and at your own speed)

CLOSING THE LABYRINTH

TEXT

Jesus said to them, 'Very truly, I tell you, the hour is coming, and is now here, when the dead will hear the voice of the Son of God, and those who hear will live. Do not be astonished at this; for the hour is coming when all who are in their graves will hear his voice and will come out—those who have done good, to the resurrection of life, and those who have done evil, to the resurrection of condemnation.'

(John 5: 19a; 25; 28-29 NRSV)

For THE BLESSING

And blessed are the ones we overlook;
The faithful servers on the coffee rota,
The ones who hold no candle, bell or book
But keep the books and tally up the quota,
The gentle souls who come to 'do the flowers',
The quiet ones who organise the fete,
Church sitters who give up their weekday hours,
Doorkeepers who may open heaven's gate.
God knows the depths that often go unspoken
Amongst the shy, the quiet, and the kind,
Or the slow healing of a heart long broken
Placing each flower so for a year's mind.
Invisible on earth, without a voice,
In heaven their angels glory and rejoice.

(All Souls – A Sonnet: A Last Beatitude, Malcolm Guite, 2012CE)

For THE GRACE: THE PRAYER OF S. COLUMBA OF IONA

(Say together three times and 'praying with the body')

My dearest Lord, *(hands in prayer at the heart centre)*
Be thou a bright flame before me, *(hands in prayer on the forehead)*
Be thou a guiding star above me, *(hands & arms apart reaching above)*
Be thou a smooth path beneath me, *(arms spread wide to the sides)*
Be thou a kindly shepherd behind me, *(arms wrapped around the body)*
Today and for ever more. *(hands in prayer at the heart centre)*
AMEN.

"Christ Glorified in the Court of Heaven" (Detail) - Fra Angelico, 1428 -30CE
The National Gallery, London

The Labyrinth Circle of S. John's Cathedral usually walks a guided Labyrinth Walk/Meditation on the first Sunday of the month following the 9.30 Choral Eucharist commencing around 11.15 AM

All are welcome to walk the Labyrinth with us.

Please use this guided walk for your own meditation & feel free to take this liturgy with you.

All the monthly Labyrinth Walks are available on demand via the Cathedral's YouTube Channel

Music used with this presentation:
'The Fragrance of Paradise' – Gareth Koch from "The Fragrance of Paradise" ©2006CE ABC Music

This meditation was collated by Blair Martin, 2018-2020CE

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S. John's Cathedral Labyrinth Photo: Judy Fay, July 2020CE